

## Wishing you a safe and happy holiday season!

The holidays are a time of parties and celebrations! As you might suspect, the holiday season is one of the most dangerous times of the year for alcohol-related accidents and death. There are several reasons for this:

- More people drink during the holidays due to numerous parties and other festivities.
- Many holiday drinkers don't drink often, so they have a lower alcohol tolerance. These people often underestimate their level of impairment and sometimes drive when they shouldn't.
- The holidays are busy and stressful. People are hurrying more than normal and winter road conditions make driving more dangerous. Add alcohol to this scenario and you have a recipe for disaster.



## Remember...Home Safe is available to you this holiday season and every day throughout the New Year!

- Don't drink and drive.
- Don't ride with someone under the influence.
- Call a taxi.
- Obtain a receipt and mail the receipt to **Lytle EAP Partners** at 200 Cedar Ridge Drive, Suite 208, Pittsburgh, PA 15205
- Include your name, address, and phone number and you are a member of the Iron Workers.
- Reimbursement is sent to your home and is limited to three times per year. Remember it's completely confidential.

Make a responsible choice – call a cab!

Home Safe is available 24/7, 365 days a year. If you have a question, call:

# 888-877-8997



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